

On mange quoi ce mois-ci ?

- Octobre -

Légumes !



Artichaut



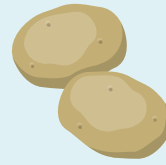
Radis



Fenouil



Betterave



Pomme de terre



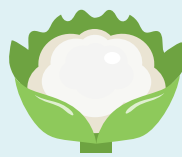
Haricot



Aubergine



Navet



Chou



Carotte



Poivron



Courgette



Chou de Bruxelles



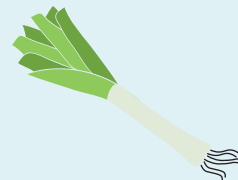
Courge



Concombre



Maïs



Poireau



Céleri

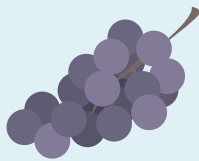
Fruits !



Kiwi



Figue



Raisin



Pomme



Poire



Framboise



Coing



Châtaigne



Noix

Poissons !



Merlan



Sardine et maquereau



Hareng



Limande



Moule



Truite



Haddock



Carpe



Dorade

